



**Oakridge Seniors Association**

**P:** 403-801-7254

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www.oakridgeseniors.ca

## **MINUTES 2019 ANNUAL GENERAL MEETING**

**Wednesday, November 20, 2019**

**Kearns Home: 218 OAKHILL PLACE SW**

**In attendance:** Bill Guse, Karen Lee, George Steber, Peggy Churchward, Hugh Stewart, Peachie Spence, Sheila Foster, Barry Pendergast, Jennifer Pendergast, Julie Kearns, Lise Wyton, Sheila Broadbent, Barb McCaskill, Sonja Beierle, Ken Bond, Joan Nickle, Britt Cerkenec, Tom Cerkenec, Del Kobelsky, Gord McLure, Judy Afaganis, Anne Van Ameringen, Jack Ameringen, E.C. (Ted Foster), Yvette Nesry

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| 1. | President's Call to Order   | President Barry Pendergast called the meeting to order at 3:15 p.m.  |
| 2. | Welcome   | The President welcomed members<br>Motion: Sheila Foster moved to express thanks to Barry & Jennifer Pendergast for their vision and efforts to initiate the OSA.<br><b>CARRIED</b>   |
| 4. | Approval of Agenda of 2019 AGM  | Additional items: Insurance and Fees<br>Motion: Guse/Stewart<br><b>CARRIED</b>   |
| 5. | Approval of Minutes of a 2018 AGM   | This is OSA's first AGM having been incorporated in 2018, so there are no minutes to approve.  |
| 6. | Reports: <ul style="list-style-type: none"><li>• President</li><li>• Treasurer</li><li>• Membership</li><li>• Social</li><li>• Oakridge Community Association Board Liaison</li></ul> | <ul style="list-style-type: none"><li>• The President's (Barry Pendergast) report is posted below.</li><li>• The Treasurer (Peggy Churchward) reported for the period Jan 29, 2019 to Oct. 31, 2019 total expenses of \$1,680.48 /revenue of \$2,738.10 with a balance of \$1,057.62. The Treasurer made recommendations:<ol style="list-style-type: none"><li>1. We increase our membership and event fees. Ensuing discussion both supported and rejected the recommendation.</li><li>2. We develop a policy in favour of paying honorariums (suggested \$50) to guest speakers</li><li>3. We tighten control of paperwork, accounting for expenses and receipts required.</li></ol></li></ul> |



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|    |  | <p>4. Items are referred to the Executive to review in consideration of potential forthcoming grants.</p> <p>5. A member pointed out that according to our by-laws, that at our AGM we are to appoint 2 members of the society to verify and complete a statement of the accounts for the previous year. The Treasurer and Secretary will be responsible.</p> <ul style="list-style-type: none"> <li>• The Director Memberships (Gord McLure) reported we have 80 members (26 couples and 28 singles). By community: Oakridge 61; Cedarbrae 3, Palliser 4, Woodbine 5, Evergreen 1, Shawnessy 2.</li> <li>• The Director Social (Yvette Nesry) reported the range of successful social activities from the monthly learning events, to in home get-togethers (max 20), to pub gatherings to sailing at Glenmore Reservoir, to bridge. All events are well supported and fun. Dec 13 potluck event cancelled and replaced with a Pub event Dec 18.</li> <li>• The Oakridge Community Association liaisons (Julie Kearns and Hugh Stewart) currently serve on the OCA board. They reported that while OCA and OSA share common interests and have significant potential to work collaboratively, the OCA Board appears indifferent and preoccupied with the operation of the arena rather than community engagement. The ensuing discussion focused on the merits of continuing to pursue a collaborative relationship particularly with the prospect of OSA obtaining grants, it was the general consensus of the members, that OSA forge ahead on our own, and maintain our third party relationship with OCA. Stewart is the newly appointed Co-VP of Civic Affairs with the OCA</li> </ul> <p>Motion: to receive all the reports: Kearns/McLure<br/><b>CARRIED</b></p> |
| 7. | Nomination and Election of 2019-2020 Executive Committee | <p>President: Barry Pendergast<br/> Vice-President &amp; Secretary: Julie Kearns<br/> Treasurer: Peggy Churchward<br/> Director Membership: Gord McLure</p>  |



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|    |   | Director Social: Yvette Nesry<br>Directors at Large: Jennifer Pendergast, Ken Bond<br>There was a call for nominations from the floor.<br>Motion that all nominations be approved: Guse/McAskill<br><b>CARRIED</b>  |
| 8. | Other Business <ul style="list-style-type: none"> <li>• Our Name</li> <li>• Insurance</li> <li>• Membership fees</li> </ul> | <ul style="list-style-type: none"> <li>• Some members dislike the name of our society, rejecting the label “Senior”. Conversations continue to come up with an alternative.</li> <li>• Ken Bond reports that he has identified a potential donor to cover \$1500.00 in insurance costs for one year. As we are not a Charitable organization, OSA will need to find an organization willing to help us facilitate acceptance of this donation.</li> </ul> |
| 9. | Adjournment   | Motion for adjournment at 4:15. Kearns/J. Pendergast  |

## President’s Report

### Background

- In 2016 Oakridge had 1,205 residents who were 65 years and older. This is 21% compared with a City of Calgary average of 10%.
- The Oakridge Community Association (OCA) does not currently offer any programs targeted toward seniors because the association has limited financial and human resource capacity and/ or appetite for assuming risks associated with new program development to address emerging needs.
- We created the Oakridge Seniors Association as a grassroots volunteer organization to fill this void, create links to other services and programs, and leverage the talents of residents to give back to our community as volunteers. We were incorporated in Feb. 2019,
- Our current mandate is to promote social connections, increase social inclusion among Oakridge seniors by providing programs that are accessible, culturally appropriate, and flexible to respond to needs and interests as they are identified.
- We offer monthly learning/social get-togethers, Tai Chi classes, Bridge, coffee klatches, pub gatherings, a Facebook group and a monthly e-newsletter.
- We currently have 250 contacts on our list, and approximately 75 paid members. Our annual fee is \$10 for individual and \$15 for family. We also encourage the purchase of a community association membership.
- We are attracting participants from surrounding communities.
- We know from research and our lived experience that the most prominent emerging issue seniors are facing is finding a means to become, or remain, socially included and connected to their community. From our evaluations we have heard comments such as: “when our kids were young, we



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felt connected. Now that they are grown, we have little contact with people in the community.” Research also shows that the majority of seniors prefer to stay in their own homes as they age.

- We have applied for a New Horizon Grant from the Federal Government (\$22,000) and we are being considered for a 3 year grant from the Calgary Seniors Resource Association. We are also seeking a grant from the Calgary Foundation.

**OSA is going to create a Village Hub**

- Our goal is to move our organization from offering only social programs for seniors TO become a VILLAGE HUB designed to address the service needs of seniors who seek to age in their own homes. The Village movement originated in the USA in 2002 and currently there are 200 villages in the USA, 2 in Canada, and 400 across the globe.

- A Village Hub offers the promise of available support which will increase confidence in the ability of seniors to manage potential challenges to their ability to age in place by: 1) increasing member's confidence in their ability to manage their environment; 2) providing opportunities for social engagement; 3) improving or maintaining members' health and well-being.

- A key characteristic of the Village model is to build upon existing community assets and provide opportunities to contribute one's gifts and interests.

- Unlike other community support models that are government funded or fee-for-service models, Villages are membership organizations, with seniors typically providing the majority of support services, and paying a yearly membership fee to cover the cost of administration

- We will be able to access expert guidance, resources and support to establish our village through the "Village to Village Network which is a US national organization that collaborates to maximize the growth, impact and sustainability of individual villages and the "Seniors Village Movement".

To build a Village Hub we are and will be:

- Building a strong organizational foundation
- Facilitating social connections
- Developing and mapping our network of connections.
- Identifying the gifts and needs through Participatory Action Inquiry
- Recruiting, vetting and training volunteer buddies and commercial service providers
- Developing a system to match requests for services with buddies
- Marketing & communications
- Continuous learning, evaluation & knowledge sharing
- Finding start-up money and work toward making the program financially sustainable.